

Pickleball Paddle Data Reference

1. Pickleball Paddle Weight

Specification	Weight
Light	< 7.3 oz
Medium	7.3 oz - 8.3 oz
Heavy	> 8.3 oz

2. Pickleball Paddle Size

Racket Sizes in Different Shapes:

	Classic Shapes	Elongated Shapes	Widebody Shapes
Size	Long:16 inches Wide:8 inches	Long:16.5 inches Wide:7.5 inches	Long:15.5 inches Wide:8.5 inches
Sweet spot	Centered, Standard Size	More forward, smaller area	More Back, largest area
Power	standard	biggest	slightly smaller

3.Pickleball Paddle Thickness

Specification	Weight
Light	9.8 mm
Medium	13 mm
Heavy	16 mm

4.Grip Size of Pickleball Paddle

Grip Length:4.5-6 inches

Grip circumference:

Your height	circumference
Below 5.3'	4"
5.3' to 5.8'	4.25"
Above 5.8'	4.5"

Notice:This data is for reference only, each person's actual situation is different, please refer to the actual test